

Message Notes, Scripture, & Questions
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Digging Deeper: Group Questions & Personal Reflection

1. Have you ever had a 'panic moment' in your life when you've blurted out a prayer to God? What were the circumstances and what did you pray? What was the result?
2. Read Psalm 3. What do you think causes David to switch his tone so abruptly from Psalm 3:2 to the very next verse? What can we learn from this?
3. Do you have an urgent prayer need in your life now? Or do you know an urgent prayer in the life of a friend or family member? Take some time to pray together about these needs. Use Psalm 3 as your model of prayer.
4. "Sometimes we pray about what we already have." What does that statement mean? If it's true, how does this affect us? How can this change how we pray?
5. Psalm 3 ends in a violent tone! How can we defend and support such language in the light of how we pray? Discuss what this might look like as you pray to your Father.