



take
heart

Week 3: When Anger Erupts Genesis 4: 1-10

Message Notes, Scripture, & Questions
can also be found on the
YouVersion Bible App under Events.



Digging Deeper: Group Questions & Personal Reflection

1. Anger is not always a bad thing. Can you discuss the difference between Godly anger and sinful anger?
2. Time for confession: Who here struggles with anger? What does that look like and how does it affect those around you? Is this something that is easy or difficult for you to manage? Are there particular situations or seasons where this is more or less true?
3. If anger represents a smoke alarm, can you discern any 'repetitive reality' in your life that causes that alarm to go off?
4. What were the two questions in the sermon to ask yourself when you get angry? Can you apply them to that 'repetitive reality' that sparks anger in you?
5. Is there anyone you need to ask forgiveness from as a result of anger in your life? How can you go about doing that?