

this is us.

Week 2: Trash Talk 1 Peter 2: 1-3

Message Notes, Scripture, & Questions
can also be found on the
YouVersion Bible App under Events.



Digging Deeper: Group Questions & Personal Reflection

1. Have you ever asked yourself, “Is this all there is?” When have you felt this way? Reveal this to your group.
2. Review the five “Junk Foods of the Soul” from the sermon. Which one jumps out first as the one you need to deal with? Discuss with one another why.
3. What do you think of when you hear, “Taste the Grace of God”?
4. Do you have a “Craving” for God and His Word? If so, how does that look in your daily living?
5. What disciplines will you put in place to increase your craving for God and help you get rid of any Soul Junk Foods?